

13/2

The Coach

FOR YOUR OWN BENEFIT AND
FOR THE BENEFIT OF MANY



REFLECTIONS AND REALIZATIONS

Upgrading professional, spiritual &
physical capabilities of individuals.

Based on 32 yrs of experience

BIJAY RAJBHANDARY

Chairman of CE Group of Companies

“Trust and
follow me for
24 hours, the
outcome shall
be rewarding.”

-BIJAY RAJBHANDARY
Chairman of CE Group of Companies



■ ABOUT THE PROGRAM

THE COACH

FOR YOUR OWN BENEFIT AND FOR THE BENEFIT OF MANY

The coach is a self-reflecting and realizing experience designed to upgrade your professional, physical and spiritual capabilities in a tranquil environment of Park Village Resort. You will breathe a new life with positive feelings during this information and wisdom packed two days event.



This two days program shall dwell in knowing oneself in order to upgrade ones professional, spiritual and physical capabilities using unique techniques Mr. Rajbhandary has developed and mastered over his lifetime. The coach will share his personal experiences and the instances of failure and moments of true motivation that provided him with the zeal to keep going and to reach a point where he is today.



■ TESTIMONIALS

“I thoroughly enjoyed every minute of The Coach programme and came away feeling refreshed and energized.”



- **BHAARATI SILAWAL GIRI**
Independent Consultant, Gender & Social Inclusion

“The coach really puts an emphasis on continuous improvement and to be consistence in all facets of life.”



- **STEVEN L. BOSILJEVAC**
Captain, U.S Public Health Service

“The Coach is a well-managed interactive program helping you realize your potential & sharing of life changing experience that has been tested in the real world.”



- **MANISH SHRESTHA**
Director, Sigma Con. (P) Ltd.

■ INTRODUCTION

Bijay Rajbhandary, founder and chairman of CE Construction holds a Masters in Construction Management degree from University of New Mexico, USA. Having worked as a Project Manager in a reputed firm in US, he returned to Nepal 25 years ago in order to create opportunities by carrying out developmental activities in the nation. He is a firm believer of giving back to the country.

A Civil Engineer by profession and an entrepreneur by spirit, his spiritual wisdom has guided his company, CE to the heights it has achieved in 25 years since its establishment. Despite a hectic work life, Bijay Rajbhandary leads a well balanced life - catering to his mental and physical well being. He owes his wellbeing to regular practice of Vipassana Meditation and Yoga.

He is a firm believer of the benefits of Vipassana, as it is non-sectarian and has proven to be instrumental in the betterment of his life and in the lives of many others. He is not only an avid practitioner but is also a teacher who conducts a number of courses every year.

In his 32 years of professional career, he has been through many ups and downs. His core strength has been to see the best within people and has always been passionate about mentoring and counseling people.



His sense of compassion has enriched his company culture, turning CE into a company whose staffs contribute to the organization with enthusiasm and with a feeling of gratitude. Bijay Rajbhandary now wishes to share this compassion with the larger masses.

■ PROGRAM DETAILS

THE COACH

FOR YOUR OWN BENEFIT AND FOR THE BENEFIT OF MANY

SEPTEMBER 01, 2017

PARK VILLAGE HOTEL & RESORT

Budhanilkantha, Kathmandu

- No. of participants: 20
- Duration: 24 Hours
- Fee: Rs. 9800 /-

Registration: Contact@ **9801200067**
before August 25, 2017.

For more details log on to
www.bijayrajbhandary.com

